

# HELEN SCHMIDT

## Curriculum Vitae

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Weiss Hall, Temple University  
1701 N. 13<sup>th</sup> St.  
Philadelphia, PA 19112

### EDUCATION

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- 2021 – 2026      **Ph.D.** Social Psychology, Temple University  
*Concentration in Quantitative Methods*  
Advisor: Chelsea Helion, Ph.D.  
Secondary Advisor: Vishnu Murty, Ph.D.
- 2017 – 2018      **M.Sc.** Clinical Neuroscience, University College London  
Advisor: Toby Wise, Ph.D.
- 2013 – 2017      **B.S.** Biology, Tufts University  
Advisor: Mitch McVey, Ph.D.

### RESEARCH INTERESTS

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Emotion, language, social networks, self-regulation and motivation, emotion regulation, statistical methods, interpersonal communication, episodic memory, decision making

### RESEARCH EXPERIENCE

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- 2021 – present      **Social and Affective Neuroscience Lab**, Temple University  
*Graduate Researcher* | PI: Chelsea Helion, Ph.D.
- 2018 – 2021      **Memory Modulation Lab**, Boston College  
*Lab Coordinator & Research Assistant* | PI: Maureen Ritchey, Ph.D.
- 2017 – 2018      **Max Planck UCL Centre for Computational Psychiatry**, UCL  
*Student Researcher* | PI: Ray Dolan, Ph.D.
- 2017      **Child and Adolescent Mood Disorders Laboratory**, McLean Hospital  
*Research Assistant* | PI: Randy Auerbach, Ph.D.
- 2016 – 2017      **Integrative Cognitive Neuroscience Lab**, Tufts University  
*Research Assistant* | PI: Elizabeth Race, Ph.D.
- 2015      **Rogulja Lab**, Harvard Medical School  
*Research Assistant* | PI: Dragana Rogulja, Ph.D.

### PUBLICATIONS

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*In Preparation*

**Schmidt, H.**, Tran, S., & Helion, C. “Conversational linguistic features that inform social network learning.” Data collected and analyzed, manuscript in preparation.

**Schmidt, H.\***, Cooper, R. A.\*, & Ritchey, M. “Temporal dynamics supporting the multidimensional quality of episodic memory.” Data collected and analyzed, manuscript in preparation.

**Schmidt, H.** & Ritchey, M. “Enhancing memory for emotional events with retrieval cueing and retrieval practice.” Data collected and analyzed, manuscript in preparation.

*\*denotes equal contribution*

### TALKS

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**Schmidt, H.** (2022, April). “Conversational linguistic features that inform social network learning.”  
Talk presented to the Temple University Department of Psychology & Neuroscience.

## POSTER PRESENTATIONS

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+ *undergraduate mentee*

- Schmidt, H.**, Tran, S.<sup>+</sup>, & Helion, C. (2022, May). “Conversational linguistic features that inform social network learning.” Poster presented at the Philadelphia Decision Neuroscience Symposium, Philadelphia, PA.
- Eckardt, D., Helion, C., **Schmidt, H.**, Chen, J., & Murty, V. P. (2022, April). “What makes a story: Uncovering mechanisms of memory communication.” Poster presented at the Temple University Neuroscience Research Day, Philadelphia, PA.
- Tran, S.<sup>+</sup>, **Schmidt, H.**, & Helion, C. (2022, April). “Social network learning across evaluative domains.” Poster presented at the Temple University Symposium for Undergraduate Research and Creativity, Philadelphia, PA.
- Schmidt, H.** & Ritchey, M. (2020, August). “The protective effects of retrieval practice on positive memories.” Poster presented at the Context and Episodic Memory Symposium (virtual).
- Schmidt, H.**, Cooper, R. A., & Ritchey, M. (2020, May). “Temporal dynamics supporting the multidimensional quality of episodic memory.” Poster presented at the Cognitive Neuroscience Society Annual Meeting (virtual).
- Schmidt, H.**, Samide, R., Cooper, R. A., & Ritchey, M. (2019, May). “News flash! Investigating the dynamics of emotional memory using real-life event videos.” Poster presented at the Context and Episodic Memory Symposium, Philadelphia, PA.
- Distefano, D., **Schmidt, H.**, Hickey, P., & Race, E. (2018, March). “Characterizing EEG signatures of inattention that predict forgetting.” Poster presented at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

## SKILLS

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### Programming

*Advanced* – R, Matlab | *Intermediate* – Python, Jamovi, SPSS, Bash | *Novice* – HTML

### Software and Tools

Psychtoolbox for Matlab, EEGLAB, PsychoPy, GitHub, TensorFlow, Microsoft Office Suite, Qualtrics Surveys, Adobe Suite, Google Workspace, Linguistic Inquiry and Word Count (LIWC-22), FMRIB Software Library (FSL)

### Statistical and Qualitative Analysis

Inferential statistics, analysis of variance, linear and logistic regression, mixed effects modeling, Bayesian statistics, text analysis, natural language processing (Universal Sentence Encoder, sentiment analysis)

### Data Collection

Behavioral (Qualtrics, Amazon Mechanical Turk), Neuroimaging (fMRI – Siemens 3T; EEG – BioSemi 32- and 64-channel gel; MEG – 275-channel CTF Omega), experimental design (PsychoPy and Psychtoolbox), participant recruitment and screening, IRB management

### Language

*Native* – English | *Intermediate* – German

## TEACHING EXPERIENCE

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- 2021 – 2022      **Teaching Assistant**, Department of Psychology, Temple University  
*Statistics for Psychology* | Fall 2021 (online course)  
*Human Sexuality* | Spring 2022 (online course)  
*Child Psychopathology* | Spring 2022 (online course)

## **HONORS & AWARDS**

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2022 **Summer Research Fellowship** | Temple University  
2018 **Merit Honors** | University College London M.Sc. Thesis Award  
2017 **Delta Phi Alpha** | National German Honor Society  
2014 – 2017 **Dean's List** | Tufts University

## **PROFESSIONAL SERVICE**

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2021 **Editor** – Application Statement Feedback Program  
(<https://www.asfp.io/>)  
2021 – present **Member** – Psychology of Climate Change Reading Group

## **PROFESSIONAL AFFILIATIONS**

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Cognitive Neuroscience Society  
Society for Affective Science